



Bitter or Better

It's Your Choice!

How to Deal with Grief, Loss & Tragedy

Tues., November 16 • 7:00 p.m.

Grief is an inevitable part of life. **Marlane Zillman Renner** will touch upon the types of grief, the steps necessary to work through grief, factors that hinder healing and offer guidelines to help you resolve grief.

Marlane is a professional motivational speaker and author of *"The Elephant in My Living Room."* She graduated from Wittenberg University with a BA in speech/theater/English/education and earned her MA in Counselor Education from Cleveland State University.

Helping people is Marlane's passion! Her engaging lectures focus on healthy relationships, communication, and principles which lead to joyful, productive living.

Guest Speaker: Marlane Zillman Renner

Fee: \$10.00 for non-members

Free for Friends of the Women's Center

To register: Call 440-525-7322 or e-mail
WomensCenter@lakelandcc.edu

Become a Friend of the Women's Center: \$25.00



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