

# July Mini Meals 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	AM Cheddar Goldfish Crackers & 1% Milk	4	<b>CLOSED</b>  <b>Happy 4<sup>th</sup> of July!</b>	5	AM Cereal & 1% Milk	6	AM Pretzels, Cheese & Water	7	AM Toast, Butter & 1% Milk
	PM Cereal & 1% Milk				PM Veggies, Dip & Water		PM Grahams & 1% Milk		PM Trail Mix & Water
10	AM Chex, Yogurt & 1% Milk	11	AM Cereal & 1% Milk	12	AM English Muffins & 1% Milk	13	AM Grahams, Oranges & 1% Milk	14	AM Bagels, Cream Cheese & Water
	PM Apples, Soy Butter & Water		PM Toast, Jelly & 1% Milk		PM Cereal, Bananas & 1% Milk		PM Waffles & 1% Milk		PM Cheddar Goldfish & 1% Milk
17	AM Goldfish Grahams & 1% Milk	18	AM Grahams, Berries & Water	19	AM Cheddar Crackers & 1% Milk	20	AM Cereal, Raisins & 1% Milk	21	AM Cheddar Goldfish & 1% Milk
	PM Veggie Straws & 1% Milk		PM English Muffins, Cheese & Water		PM Veggies, Dip & Water		PM Pretzels & 1% Milk		PM Waffles & 1% Milk
24	AM Goldfish Grahams & 1% Milk	25	AM Cereal & 1% Milk	26	AM Waffles & 1% Milk	27	AM Veggies, Dip & Water	28	AM Pretzels, Cheese & Water
	PM Cereal & 1% Milk		PM Veggies, Dip & 1% Milk		PM Crackers, Cheese & 1% Milk		PM Grahams, Soy Butter & Water		PM Veggies, Dip & Water
31	AM Toast, Soy Butter & 1% Milk								
	PM Veggies, Dip & Water								