






November Mini Meals 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 AM Cereal & 1% Milk	2 AM Pretzels, Cheese & Water	3 AM Waffles & 1% Milk
		PM Veggies, Dip & Water	PM Yogurt, Fruit & Water	PM Cereal & 1% Milk
6 AM Cereal & 1% Milk	7 AM Cheddar Goldfish Crackers & 1% Milk	8 AM Crackers, Cheese & Water	9 AM Toast, Jelly & 1% Milk	10 AM Goldfish Grahams & 1% Milk
PM Apples, Soy Butter & 1% Milk	PM Pretzels, Soy Butter & 1% Milk	PM Bagels, Cream Cheese & 1% Milk	PM Cereal & 1% Milk	PM Veggies, Dip & 1% Milk
13 AM Yogurt, Fruit & Water	14 AM Cereal & 1% Milk	15 AM Waffles & 1% Milk	16 AM Crackers, Cheese & Water	17 AM Veggies with Dip & 1% Milk
PM Cheddar Goldfish Crackers & 1% Milk	PM Veggies with Dip & Water	PM Cereal & 1% Milk	PM Trail Mix & Water	PM Pretzels, Soy Butter & 1% Milk
20 AM Pretzels & 1% Milk	21 AM Oranges, Veggie Straws & 1% Milk	22 AM Yogurt, Fruit & Water	<div>Happy Thanksgiving!</div> <div>Closed</div> <div>   </div>	
PM Veggies with Dip & 1% Milk	PM Waffles & 1% Milk	PM Grahams, Soy Butter & 1% Milk		
27 AM Yogurt, Grahams & 1% Milk	28 AM Cereal & 1% Milk	29 AM Goldfish Grahams & 1% Milk	30 AM Cereal & 1% Milk	
PM Cereal & 1% Milk	PM Cheddar Goldfish Crackers & 1% Milk	PM Trail Mix & 1% Milk	PM Veggies with Dip & 1% Milk	