

Standing Requirements

SLO/Performance Indicator

Personal Trainer Certificate Outcome Set

Outcome 1

Students will design, implement and evaluate an effective client personal training plan.

| Performance Indicator | Mapping |
|--|---|
| 1.1 Students will develop an effective client personal training plan. | OH- Lakeland Community College- Learning Outcomes: 10, 11, 12a, 12b, 13, 18a, 18b, 19, 20a, 20b, 21, 4, 5, 6a, 6b, 7, 8a, 8b |
| 1.2 Students will implement an effective client personal training plan. | OH- Lakeland Community College- Learning Outcomes: 11, 12a, 12b, 13, 18a, 18b, 19, 20a, 20b, 21, 4, 5, 6a, 6b, 7, 8a, 8b |
| 1.3 Students will evaluate an effective client personal training plan. | OH- Lakeland Community College- Learning Outcomes: 10, 11, 12a, 12b, 13, 18a, 18b, 19, 20a, 20b, 21, 4, 5, 6a, 6b, 7, 8a, 8b |
| 1.4 Students will perform a self-evaluation of their skills in the implemented client personal training plan. | OH- Lakeland Community College- Learning Outcomes: 1, 2, 3 |

Outcome 2

Students will demonstrate appropriate behaviors in the personal training work setting.

| Performance Indicator | Mapping |
|---|---|
| 2.1 Students will demonstrate appropriate technical physical training skills in the workplace. | OH- Lakeland Community College- Learning Outcomes: 11, 15b, 18a, 18b, 2, 20a, 20b, 21, 3 |
| 2.2 | OH- Lakeland Community College- Learning |

Students will demonstrate appropriate people skills in the workplace.

Outcomes: 10, 11, 12a, 12b, 13, 18a, 18b, 19, 20a, 20b, 21, 9a, 9b

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