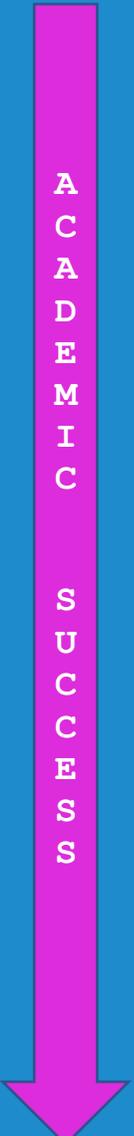


College Toolkit: Study skills for academic learning success in college!		College Skill	What to Think About	Next Steps & Lakeland Resources <i>Click or tap the links below for helpful resources, and scan the QR code to the right to join our virtual Webex workshops.</i>			Workshop Sessions	Contact
	Getting Ready for My Semester to Start	Time Management & Organization	<p><i>What are some tools I can use to stay organized?</i></p>	<p><a href="#">Ferris State University: Time Management Calculator</a></p> <p><a href="#">College Course Schedule Tracker</a></p> <p><a href="#">Class Schedule Builder Template</a></p>	<p>Quick Tips on Time Management &amp; Organization</p> <p>Get a planner!</p>	<p>Meet with <a href="#">Student Success Navigator</a> or <a href="#">Remote Learning Concierge</a></p>	<p><b>TACKLE: Time Management Toolbox</b></p> <p><b>Workshop: Spring 2022 dates Forthcoming</b></p>	<p>Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joe Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a></p> <p><a href="#">Academic Study Skills Coaching</a></p> <p><a href="#">Remote Learning Concierge</a></p>
		Navigating the Classroom	<p><i>What do I need to do to get the most out of my courses?</i></p>	<p><a href="#">How to Get the Most Out of Every College Class</a></p> <p><a href="#">How is High School Different from College?</a></p>	<p><a href="#">Communicate with your professors!</a></p> <p><a href="#">LSU: Semester Tool Kit</a></p>	<p>Meet with <a href="#">Student Success Navigator</a> or <a href="#">Remote Learning Concierge</a></p>	<p><b>TACKLE: Calibrating Your Classroom Compass</b></p> <p><b>Workshop: Spring 2022 dates Forthcoming</b></p>	<p>Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joe Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a></p> <p><a href="#">Academic Study Skills Coaching</a></p> <p><a href="#">Remote Learning Concierge</a></p>

ACADEMIC  
SUCCESS



Getting Through My Courses

<p><b>Reading</b></p>	<p><i>How do I get the most out of my textbook (and other assigned readings)?</i></p>	<p><a href="#">Princeton University: Active Reading Strategies: Remember and Analyze What You Read</a></p>	<p><a href="#">West Liberty University: Reading Strategies</a> <a href="#">Kahn Academy about SQ3R and practice exercises</a></p>	<p>Meet with <a href="#">Student Success Navigator</a></p>	<p><b>TACKLE: Ripping Through Reading Workshop:</b> <b>Spring 2022 dates Forthcoming</b></p>	<p>Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joee Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a> <a href="#">Academic Study Skills Coaching</a></p>
<p><b>Note Taking</b></p>	<p><i>What are all the different note taking strategies I can use?</i></p>	<p><a href="#">Lecture Notes: Note-Taking Tips that Really Work</a></p>	<p><a href="#">Columbia College: Effective Note Taking in Lecture</a></p>	<p>Meet with <a href="#">Student Success Navigator</a></p>	<p><b>TACKLE: Knowing how to Notate</b> <b>Workshop:</b> <b>Spring 2022 dates Forthcoming</b></p>	<p>Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joee Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a> <a href="#">Academic Study Skills Coaching</a></p>
<p><b>Study Skills</b></p>	<p><i>What are the most successful study strategies?</i></p>	<p><a href="#">Tips on study strategies from UNC</a></p>	<p><a href="#">Utilize the Study Cycle</a></p>	<p>Meet with <a href="#">Student Success Navigator</a></p>	<p><b>TACKLE: Structuring Your Study Cycle</b> <b>Workshop:</b> <b>Spring 2022 dates Forthcoming</b></p>	<p>Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joee Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a> <a href="#">Academic Study Skills Coaching</a>  <a href="#">Remote Learning Concierge</a></p>
<p><b>Writing Skills</b></p>	<p><i>Where do I even begin when it comes to writing a paper?</i></p>	<p><a href="#">How To Write an Essay</a></p>	<p><a href="#">Purdue Owl: Grammar and Writing Guides</a></p>	<p>Meet with <a href="#">Student Success Navigator</a>  Or <a href="#">Lakeland's Writing Center</a></p>	<p><b>TACKLE: Writing Hacks</b> <b>Workshop:</b> <b>Spring 2022 dates Forthcoming</b></p>	<p>Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joee Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a>  <a href="#">Lakeland's Learning Center &amp; Writing Center</a></p>

 <b>Completion</b>	Surviving the Semester	<b>Stress Management</b>  <a href="#">College Students and Stress: You're Not Alone!</a>	<i>When I'm overwhelmed with how to manage my course load and find school/work/life balance, what should I do?</i>	<a href="#">Student Guide: Surviving Stress and Anxiety in College and Beyond</a>	<a href="#">College Student's Guide to Stress Management</a>  <a href="#">Stress Management Worksheet from LCC psychologist Ken Browner</a>  <a href="#">Sanvello Mental Health App (download and sign up with LCC email)</a>	Counseling & Advising  Meet with <a href="#">Student Success Navigator</a>  <a href="#">The Women's Center</a>  <a href="#">The Men's Resource Center</a>	<b>TACKLE: Coping When Coursework Overloads</b>  <b>Workshop: Spring 2022 dates Forthcoming</b>	<a href="#">Contact Lakeland's Counseling and Advising Center</a> ask for psychological services
	Securing Success	<b>Resilience and Perseverance</b>	<i>How do I overcome obstacles that get in the way of my academic success?</i>	<a href="#">Cornell University: Building Resilience</a>	<a href="#">LSU: Develop a Growth Mindset Resource Cheat Sheet</a>	<a href="#">Lakeland's Counseling &amp; Advising Center</a>  <a href="#">Student Success Navigator</a>	<b>TACKLE: Mindset Matters</b>  <b>Workshop: Spring 2022 dates Forthcoming</b>	<a href="#">Contact Lakeland's Counseling and Advising Center</a>  Bronte Billings, <a href="mailto:bbillings1@lakelandcc.edu">bbillings1@lakelandcc.edu</a> and/or Joee Goheen, <a href="mailto:jgoheen1@lakelandcc.edu">jgoheen1@lakelandcc.edu</a>  <a href="#">Academic Study Skills Coaching</a>
	Plan the Next Semester	<b>Plan the Next Semester</b>	<i>How do I know what courses to take next?</i>	Review Grades	<a href="#">Check the Degree Tracker</a>	<a href="#">Lakeland's Counseling &amp; Advising Center</a>		<a href="#">Contact Lakeland's Counseling and Advising Center</a> ask for Academic Counseling and Advising